

Housing:

- [El Cajon CA Low Income Housing](#)
- [San Diego Housing Commission](#)
- [Father Joe's Villages - Housing Assistance](#)
- [Affordable Housing in Santee, CA](#)

Mental Health:

- [Children, Youth and Families System of Care](#)
- [Live Well Every Day](#)
- [Survivors of Torture, International - Helping Survivors of Torture in San Diego County](#)
- [Medi-Cal Program](#)

Food:

- [Food - El Cajon RESOURCES](#)

- **Emergency Food Assistance Program**
- San Diego Food Bank
- **Father Joe's Villages - Health Care Assistance**
- **CalFresh**